



THE SPRING
OF TAMPA BAY

2021-2022
Investment Report



well·ness

the state of being in good health,
especially as an actively pursued
goal

The Spring's mission is to prevent domestic violence, protect victims, and promote change in lives, families and communities.

We want you to know
You Are Not Alone.



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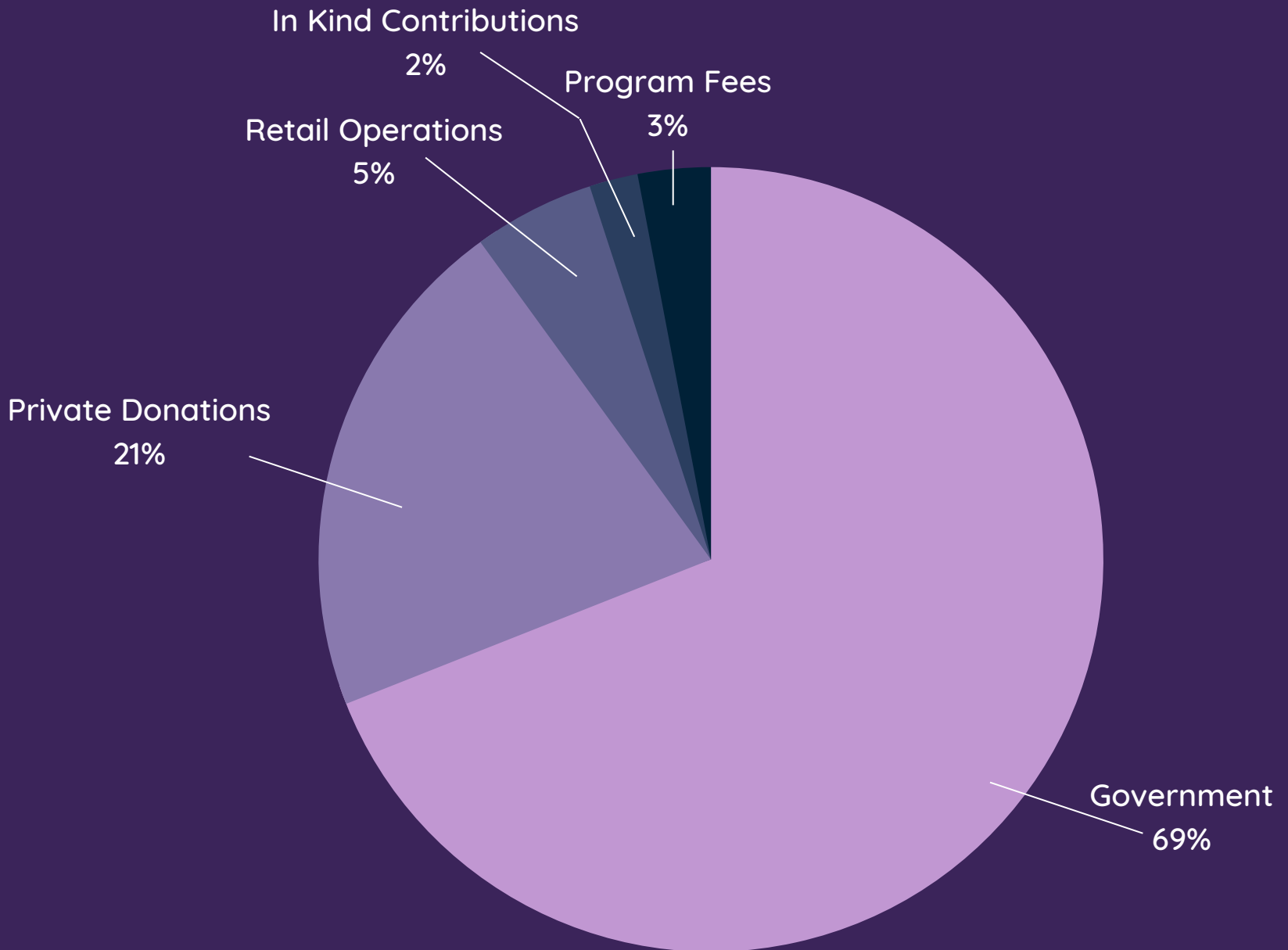
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financials



financials

The Spring is committed to the highest quality fiscal management, ensuring that all contributions are used ethically, with transparency, and in a manner that will provide the greatest impact for survivors seeking our services.

INCOME

Government Grants*	\$4,797,409
Private Donations	\$1,447,731
Retail Operations	\$371,590
In-Kind Contributions	\$162,706
Program Fees	\$185,654

TOTAL **\$6,965,090**

EXPENSES

Program Services	\$4,967,316
Management	\$685,505
Fundraising	\$394,294

TOTAL **\$6,047,215**

*This includes revenue received from Paycheck Protection Plan





our impact

22,489 days of shelter provided to people at our emergency shelter

8,739 domestic violence crisis calls answered

9,570 safety plans completed with victims of domestic violence

416 children served through our emergency shelter and outreach center

1,532 survivors given legal advice or legal representation

84 adult community awareness events and **214** youth education groups

30 survivors given dependency matters training

1,041 children served in our domestic violence prevention program

23,979 days of shelter provided to people in our rapid-rehousing program



Take action

Donate

Support The Spring's programs with a financial contribution.



Request a Training

Learn more about The Spring, our services, and domestic violence.



Request Materials

Free educational materials and handouts to pass out in the community.



Decorate a Home

Help turnover an apartment for a family moving into our Transitional Housing complex.



Legacy Society

Establish a legacy with a current or future gift.



Sponsor an Event

Sponsor one of The Spring's annual events - Gift of Peace or Handbags & Happy Hour.



Volunteer as a Group

Schedule your team to volunteer at The Spring's donation center.



Host a Donation Drive

Collect personal items to donate to our survivors.



Send a child to Camp

Sponsor a child and give them the ability to attend Camp HOPE America- Florida - The Spring.



You Are Not Alone

We provide safe spaces and empowering services to survivors of domestic violence and their children. If you need help, you will find it at The Spring of Tampa Bay.

24-HR CRISIS HOTLINE



rebranding



THE SPRING OF TAMPA BAY

Our team worked with Stevie & Fern to update our logo, branding, and website. We were excited to share these updates publicly in October of 2021 at our Gift of Peace Lunch. One of the key components of this rebranding included a new tagline:

"You are not alone."

We wanted this message to provide comfort to survivors that no matter what, no matter who they are, they do not have to face domestic violence alone. Our staff and community of supporters care about them.

As part of this process, we launched an entirely new website that is more focused on providing survivors with the resources they need. Additionally, we were able to launch an online chat feature, which gives survivors another option for speaking to an advocate if they are unable to speak on the phone.





program highlights

Each year, we reflect on what we were able to accomplish and the lives we were able to change. Thanks to hundreds of supporters, we can continue this life-saving work. With the conversation surrounding the importance of mental health and well-being, it is becoming ever more prevalent in our society that **wellness** is key to long-term happiness and success.

The Spring prioritized onboarding two new programs this year to address the needs of both the survivors we serve and the staff who work to support our survivors every day. We introduced a new mental health program for our survivors where they can receive one-on-one counseling from a licensed therapist. We also introduced an internal wellness manager to help meet the needs of our Spring staff.

We are so excited to share more information about these programs with you, as we are extremely proud of the staff we have brought on to fill this important role within The Spring.

"We would never tell someone with a broken leg that they should stop wallowing and get it together. We shouldn't treat mental health conditions any differently."

-Michelle Obama



mental health services

In September of 2021, The Spring started offering counseling services to survivors through an in-house licensed marriage and family therapist (LMFT). We were happy to introduce our in-house LMFT, Diana! Diana has been a therapist for more than 12 years and is happy to get to support survivors of domestic violence in this new role.

Survivors utilizing The Spring's shelter, outreach, or legal services are eligible to receive up to 10 sessions of solutions-focused therapy. This can be anything from coping with depression and anxiety to facing challenges such as adjusting to life in our shelter. If a survivor needs access to more long-term therapy, they can be referred to other therapists in the community.

From September 2021 - June 2022, Diana met with 67 participants and conducted more than 190 sessions. In the future, we would like to expand this program to include another staff member, with experience in providing therapy to children and teens to help them cope with life challenges as well. Long-term **wellness** for our survivors is top-priority!



staff wellness manager

In April of this year, The Spring added a new position to our Human Resources department - a Wellness Manager!

This program aims to create and foster Spring employees' sense of community and belonging. Our Wellness manager offers one-on-one and group wellness coaching to help all staff achieve their personal goals. Our staff work tirelessly to provide the best support they can for our survivors. It is imperative that we invest in our team so that they can lead happy and healthy lives. Spring staff deserve to be engaged, inspired, and enthusiastic about their work.

Our Spring wellness coach provides nutrition tips, stress management, movement challenges, group workout sessions, and encourages our staff to incorporate new lifestyle habits that are proven to improve overall mental and physical health. Here at the Spring, we believe **wellness** is an ongoing personal goal to achieve long-term health and happiness.

We are so excited to support the growth of this program and invest in our staff and their well-being!



Camp HOPE America Florida - The Spring

In the first week of August, Spring staff had the honor of bringing 6 kids to our FIRST Camp HOPE America - Florida - The Spring sleepaway camp. Camp HOPE America is the first evidence-based camp and mentoring program to focus on youth who have experienced domestic violence. As an affiliate of this national program, we use their curriculum and training to run our local program. Unique in the county, here in Florida we partnered with four other DV centers to create this experience for our youth. While at camp, our kids affectionately dubbed themselves the "Springles" and we must admit—the name stuck!

Camp HOPE America uses a challenge-by-choice model, encouraging kids to step outside of their comfort zones, create their own goals, and find pathways to reach those goals. While participating in typical camp activities like ziplining, canoeing, the climbing wall, and field games—the campers also learned about mental **wellness**. They focused on truth statements like "my dreams are mine" and "tomorrow is a new day".

When not at sleepaway camp, "Pathways" events are held every other month throughout the year to give kids an opportunity to connect and create relationships with other peers their age. Our Pathways events included bowling, a trip to the zoo, tie-dye shirts, movie events, and an upcoming trip to Horsepower for Kids for animal exhibits and horseback riding.

Camp HOPE America - Florida - The Spring is a unique experience, offering youth the opportunity to learn about themselves and face challenges in a trauma-informed environment. On our 3rd day of camp, as we sat under the pavilion, one of our campers turned to our camp counselor and quietly asked, "are all of these kids DV?" She confirmed with a simple head nod, small smile, and verbal "yup". You could see the wheels turning as he processed the room around him. The emotions were clear on his face that **he knew he wasn't alone in the world**. We can't wait to see our numbers grow and add more "Springles" to the group!

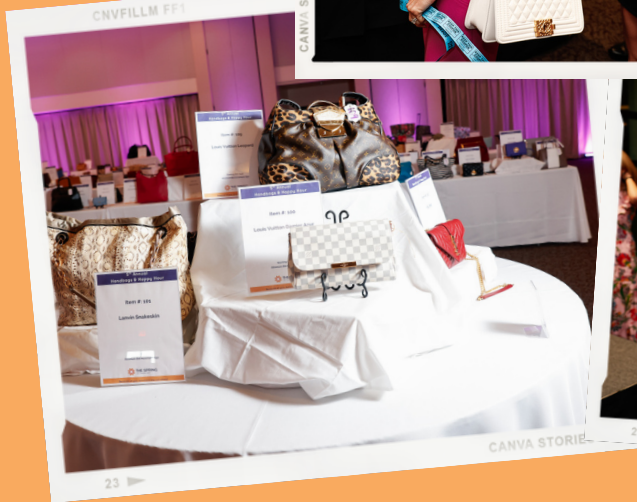
Gift of Peace

Our 5th Annual Gift of Peace luncheon was an afternoon focused on insight, advocacy, and education on the issue of domestic violence in our local communities. During the program, we heard from two brave survivors, Takara and Yustina, who shared how they found lives of peace and **wellness** after they escaped abuse. Gift of Peace gives our supporters a real-life look into the life of the communities we serve, and the outpouring of love and support is vitally important to our mission. Gift of Peace brought in over **\$159,000** in support of our services! We are so grateful for all who attended the 2021 Gift of Peace Luncheon.



Handbags & Happy Hour

Part of **wellness** is to surround yourself with like-minded people, and find something you are passionate about - Handbags and Happy Hour was certainly the perfect event for many of us to do just that! Handbags and Happy Hour is an important night for our supporters to sip, shop, and mingle all while giving back to the families we serve. This year's event raised record net revenue numbers, totaling over **\$183,000!** With this incredible support, we could kickstart our new wellness programs, and provide continued support for our life-saving services.



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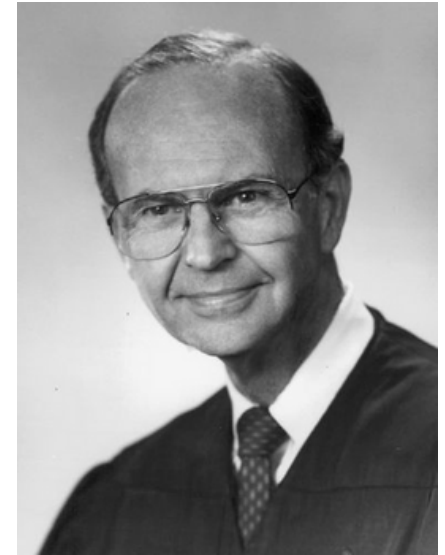
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"The Spring of Tampa Bay was near and dear to our father's heart, and he served for many years on the board of directors. When he was planning for his passing, it was very important to him that he make a provision for The Spring in his estate plan."

-Judge Don Castor's Family

Members of the Judge Don Castor Legacy Society have made at least a cumulative \$5,000 planned gift to The Spring. If your name is not listed and you have made a planned gift to The Spring, please contact info@thespring.org.

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The Women's Giving Circle is a collective of engaged, community-minded women who, through philanthropic efforts and education, support positive change for survivors of domestic violence and their children. Their donations are used to fund The Spring's most critical and life-saving needs.

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